

## LuxNUL 4 – NIGHT URBAN EVENT HELSEM/STEESEL WEDNESDAY 16 MARCH 2022

The fourth event in the 2021/22 LuxNUL Luxembourg Night Urban League series	
Meet at	1a rue des Romains, L-7264 <b>Helmsange.</b> Entrance at the back of the building, up the stairs at the end looking on to the main road. <b>Parking</b> – in nearby streets. The "Parapharmacie" on the bottom floor closes at 19.00 and there are usually a few free spaces there after closing time. <b>Public transport</b> – City Buses 11 and 26 as well as bus 290 to Mersch to the stop "Heisdorf Millewee", which is just outside building. Walferdange train station is a ten-minute warm-up jog away. Coming from Luxembourg, take the underpass and then follow Rue de la Gare to the west, away from the station. Turn right onto the main road (route de Diekirch) and follow it 600 metres to the roundabout, where you will see the "Parapharmacie".
Facilities	None! Due to Covid constraints/concerns, the event will be entirely outdoors.
Start times	18.45 until 19.30, no later. Controls will be removed from 20.30.
Entries	No fee – but please try to tell <u>orienteer@orienteering.lu</u> at least a day in advance if you are coming, so we can print the right number of maps and have you set up in the SI timing system.
Start point	Start and finish are both adjacent to the meeting point.
Format	Two courses  Rabbit ~3.5 km – medium, exact length TBC  Deer ~5.5 km – longer, exact length TBC – expect some climb  Straight line distances given – optimum routes are +/- 50% longer.  Flags are 15cm kites – "punching" using SPORTident (SIAC enabled). Bring your SI "dibber" if you have one, but if not, you can borrow one of the Club's. Results will be published, and will be included in the LuxNUL league.
Мар	1:7,500, ISSOM-ish, hopefully with contours. Laser-printed, probably on Pretex semi-waterproof paper.
Terrain	Mostly residential urban streets. Streets reasonably well lit, but torch or small headlamp advised. Partially very steep for the Deer course, some route choices could be muddy and dark, so torch/ headlamp absolutely necessary for these.
Safety	Everyone takes part entirely at their own risk. Please take great care, especially on or crossing the more major roads. Reflective or white clothing recommended. The event will be postponed if there is lying snow, or verglas, forecast 24 hours in advance – check the website for notices.
After the run	Beer/soft drinks will be available if the weather is suitable for hanging around outdoors.