

NIGHT URBAN EVENT

HELMSANGE

WEDNESDAY 29 JANUARY 2020

This event is the third event in the 2019/20 Luxembourg Night Urban League series	
Meet at	<p>37 cité JF Kennedy, L-7234 Helmsange. Parking in the street, most space 50 metres or so NE of the address. Please do not obstruct garage accesses. Getting there – it IS possible to get to the meeting point from the east. Leave the A7 at junction 1, drive towards Echternach for 2km, turn right and right again at the Waldhof intersection, go straight across the Stafelter cross-roads, Cité JF Kennedy is then the first turn on the left, just after the 50km limit (a long way down the hill). Trains – line 10 from Luxembourg at 18.25, 18.44 or 18.55 to Walferdange (11 mins), then 1km walk uphill.</p>
Facilities	Basic – changing space, and bags can be left.
Start times	18.45 until 19.30 or so.
Entries	No fee – but please let info@orienteering.lu know at least a day in advance if you plan to come, and are not a LuxOC Club member (why not join?!).
Start point	Start and finish are both in the garage, at the meeting point.
Format	<p>Two courses Rabbit ~3.0 km – medium, fairly flat Deer ~4.7 km – longer, also fairly flat Distances are straight line – optimum routes are about 50% longer. Controls must be visited in the order set. Flags are 15cm kites – “punching” using crocodile pin punches.</p>
Timing	<p>Timing of all participants to the nearest second, results will be published, and included in the LuxNUL league table. Special rule. Please wear a watch. Both courses cross the railway, at least once and maybe twice, at level crossings, which close frequently. The Deer course crosses the N7 once at traffic lights (see below). If you are delayed, time the delays. Report this at the finish – you are trusted to be honest! This “time out” will be deducted from your elapsed time.</p>
Map	1:7,500, ISSOM. Sorry, again no contours, but some spot heights! Laser printed, on Pertex semi-waterproof paper.
Terrain	Residential urban streets, flat apart from a 40-metre gentle climb near the end of both courses. Training shoes optimal. Mostly reasonably well lit, but maybe a few dark parts on the Deer course – torch or small headlamp advised.
Safety	<p>Everyone takes part entirely at their own risk. Please take great care, especially on or crossing the more main roads. Reflective or white clothing strongly recommended. Crossing points. You may only cross the railway at the crossing points shown on the map. The Deer course also crosses the main N7 road twice – again, you may only use the crossing points marked on the map. The first is at traffic lights, you may only cross on the green signal. The second is through a tunnel under the road. Failure to follow each of these rules will mean disqualification. The event will be postponed if there is lying snow, or verglas, forecast 24 hours in advance – check the website for notices.</p>
After the run	To be decided!