Bulletin 1

Welcome to the 3 Days "O2LUX" in Luxembourg City for the Friday evening Sprint race, and in the Belgian Province de Luxembourg for the Saturday Middle and Sunday Long distance races, in Vlessart.

Programme

date	Race type	Start times	Location
Friday June 20	Extended length city sprint	6 pm	Luxembourg City center
Saturday June 21	Forest middle	11 am	Forêt d'Anlier
Sunday June 22	Forest long	10 am	Forêt d'Anlier

Registrations

- Registrations for all runners is via the O'Punch entries system: https://www.opunch.org/in/event/3118
 - Payment of entry fees by members of Luxembourg and Belgian clubs fees will be collected from your club's Treasurer.
 - Payment of entry fees for participants from other countries fees are payable at the time of entry via credit card, using the instructions shown in the O'Punch entries system for secure payment, when completing your entry.
- Deadlines:
 - Early registrations until April 30
 - Registrations close June 10
 - Onsite registration for limited classes only: short easy/SE, short difficult/SD, middle medium/MM, long difficult/LD
- Terrain:
 - Friday: streets and parks of the historic city with mostly paved surfaces and stairs, with several park areas. Flat in the Ville Haute (Luxembourg Old Town), with steep slopes to the valley of the Alzette river which flows through the city.
 - Saturday and Sunday: Anlier forest of Belgium's Ardennes, featuring a dense network of paths and tracks, predominantly beech forest with some mixed pine and fir tree areas, cut by shallow valleys. Runnability very good to medium.
- Maps
 - Friday:
 - Saturday and Sunday:
- Classes

men	women			
M-10	W-10			
M-10B (accompanied children)	W-10B (accompanied children)			
M-12	W-12			
M-14	W-14			
M-16	W-16			
M-18	W-18			
M-20	W-20			
M21	W21			
M21E	W21E			
M35	W35			
M40	W40			
M45	W45			
M50	W50			
M55	W55			
M60	W60			
M65	W65			
M70	W70			
M75	W75			
M80	W80			
M85	W85			
M90	W90			
M95	W95			
MM Middle Medium M	MM Middle Medium W			
SD Short Difficult M	SD Short Difficult W			
SE Short Easy M	SE Short Easy W			
LD Long Difficult M	LD Long Difficult W			
LD Long Difficult IVI	LD Long Difficult VV			

• Entry fees in Euro

		Adults (classes = HD20+)	Children : (classes = HD18-)	Sportident rental Adults	Sportident rental Children
Until April 30	All stages	50	30	6	3
	Per stage	20	10	2	1
Until June 10	All stages	60	40		
	Per stage	25	14	2	1

		`HD20+)	Children (classes = HD18-)	Sportident rental Adults	Sportident rental Children
(SE, SD, MM, LD)	Until April 30	20	10	2	1
	>April 30 & On site	25	14	2	1

Other

• Timing system: Sportident punching system + Air enabled

• Prize giving ceremony: overall results for top 3

Contact

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